



American College of Nurse Practitioners

# 2006 National Clinical Conference

Disney's Coronado Springs • Orlando, FL  
October 11–15, 2006

## Preliminary Program

### *Nurse Practitioners: Shaping Policy, Improving Practice*

The ACNP National Clinical Conference is the premier educational offering for nurse practitioners, and offers nurse practitioners the opportunity to earn a full scope of Continuing Education contact hours at sessions led by top clinical experts. Join us in Orlando for this exciting Conference, addressing health problems related to all age groups in a variety of healthcare settings and across all specialties. Distinctive features of this conference include:

- More than 130 sessions
- 3 plenary sessions featuring nationally known experts
- 9 hands-on workshops
- Opportunities to network with your colleagues
- Exhibit Hall featuring 100+ industry leading companies



**ACNP**  
AMERICAN COLLEGE OF  
NURSE PRACTITIONERS

Online Registration at  
[www.acnpconference.com](http://www.acnpconference.com)



## Hotel Accommodations for the 2006 National Clinical Conference

Reserve your room at Disney's Coronado Springs for the ACNP 2006 National Clinical Conference via the ACNP Conference website (or using the included form) and take advantage of ACNP's preferred rate of \$129 single/double. This preferred rate will only be available for reservations made through the ACNP Housing Center. All the meetings and events associated with the 2006 National Clinical Conference will be held at the beautiful Southwestern themed Coronado Springs.

**Questions?** Please contact the ACNP Housing Center at [acnphousing@jspargo.com](mailto:acnphousing@jspargo.com) or 888-243-7419.

## Poster Session

The Conference Poster Session provides an excellent opportunity for presenters to share research, practice and personal experiences with colleagues. Poster submissions will be judged by a panel of experts, with the best poster by a nurse practitioner and nurse practitioner student receiving a complimentary registration to the 2007 ACNP Clinical Conference in San Antonio. ACNP welcomes industry-sponsored posters as well. Posters will be located in the Exhibit Hall and presenters will be available for questions during lunch. Attendees will be able to earn CE credit for poster review.

# Featured Speakers

## Opening Session/Keynote

Thursday, October 12; 9:00 AM – 10:30 AM



US Surgeon General Richard H. Carmona, M.D., M.P.H., FACS (invited)

ACNP has invited US Surgeon General Richard Carmona as a keynote speaker for the National Clinical Conference to share with attendees his unique background as well as his views on the Administration's directions in addressing health care and the role of NPs in that process.

## The "After Lunch Policy Punch"

Friday, October 13; 1:00 PM–2:30 PM

Gale Adcock MSN, FNP and Carolyn Montoya MSN, PNP



Gale Adcock



Carolyn Montoya

If you ever feel like someone else is holding all the cards that control your NP practice, this informative and fun-filled session is for you. Protecting and enhancing your ability to serve patients within your full scope of practice and being appropriately reimbursed for your services has become a

high stakes game. ACNP wants to help you be a winner! Come prepared for audience participation in a fast-paced game show format with your hosts Carolyn Montoya and Gale Adcock. The future of NP practice should not depend on a roll of the dice!

*Sponsored by Nurses Service Organization.*

## Saturday Plenary Speaker: Mayte Prida

Saturday, October 14; 9:00 AM – 10:15 AM



Mayte Prida is well-known to many Americans, particularly those in the Spanish-speaking communities as a TV personality, author and breast cancer survivor. Mayte has gone from television newsrooms in San Antonio, Los Angeles to her current position on *Entre Amigas*, part of the national TV morning show *Cada Día with Telemundo*. In addition to running her own TV production company, she also is a cancer survivor and author of "A Difficult Journey, My Battle With Cancer."

Mayte was recently named the national spokesperson for the Partnership for Prescription Assistance (PPA), and has a particular interest on promoting patient-friendly information on health topics and issues of particular concern to Hispanic audiences. Join us for this inspirational presentation.

*Sponsored by the Pharmaceutical Research and Manufacturers of America (PhRMA).*

# Skills Workshops

Separate registration is required and attendance is limited.

## W1 – Fundamental Critical Care Support Course

Wednesday, October 11, 8:00 am – 5:00 pm

Thursday, October 12, 2:00 pm – 5:30 pm

Friday, October 13, 7:30 am – 12:30 pm

*Kent D. Blad MS, FNP, ACNP, FCCM and Sabrina Jarvis MS, ACNP*

The Fundamental Critical Care Support Course (FCCS) is geared for both instructors and providers. The course offers “hands on” instruction in the acute care skills that are necessary in the first 24 hours of critical care. Specific topics include airway management, cardiopulmonary/cerebral resuscitation, diagnosis and management of acute respiratory failure, mechanical ventilation, hemodynamic monitoring, diagnosis and management of shock, myocardial ischemia and infarction. Additional content includes neurologic support, trauma and burn management, management of life-threatening infections, evaluation of electrolyte and metabolic disturbances, critical care in pregnancy, and pediatric versus adult considerations. Skill stations include airway management, vascular access, mechanical ventilation, trauma, and defibrillation/transcutaneous pacing/pericardiocentesis. A course textbook is provided for each participant. (17.7 hrs of total CE, with 2.7 hrs of pharmacology. Optional Instructor Curriculum additional 0.9hr)

## WEDNESDAY, OCTOBER 11

### W2 – 12 Lead ECG Interpretation

8:00 – 11:00 am

*Kathy J. Noyes MSN, FNP, ACNP*

This workshop will review the systematic steps needed for complete interpretation of the 12 Lead ECG, including characteristics of ischemia, injury, infarction, hypertrophy, axis, and drug/electrolyte abnormalities. Understanding of basic rhythm interpretation is a pre-requisite.

### W3 – Suturing: Basics and Beyond

8:00 – 11:00 am

*Denise R. Ramponi CRNP, MSN, CEN*

This workshop is designed to enable the Nurse Practitioner to learn practical suturing skills inherent in the general practice environment. The workshop is focused on wound repair and closure. Hands on practice of various suturing techniques will be demonstrated and practiced.

## W9 – Current Issues in Contraception: Keeping Ahead of the Media

8:00 – 11:00 am

*Susan J. Wysocki RNC, NP and Sarah Freeman PhD, RN, CS, FNP*

It isn't easy to keep current with changes in practice, particularly when the media is reporting a new study and sometimes even events that aren't supported by studies at all. With regard to women's health, certain headlines can frighten patients as well as clinicians about some therapeutic modalities. This workshop is designed to help clinicians sort through popular press reports with scientific objectivity. In addition, this session will provide a thorough review and update of methods of contraception. It will provide clinicians with the ability to appropriately choose candidates for various methods of contraception.

## W4 – Sitting in the Hot Seat: How to Survive a Deposition

1:00 – 6:00 pm

*Kenneth P. Miller PhD, RN, CFNP, FAAN*

This five-hour workshop will realistically represent what it is like to be deposed in a malpractice case. The workshop will be divided into a three-hour didactic session and a two-hour mock deposition: one hour with a defendant who is not prepared and another hour with a defendant who has been briefed by a malpractice attorney.

## SATURDAY, OCTOBER 14

### W5 – Keep Your Patients in Stitches

3:00 – 6:00 pm

*Ivy M. Alexander PhD, CANP and Beth Cheney MSN, CFNP*

This workshop will review the essentials of wound healing, wound management and suturing techniques. There will be one-on-one preceptor opportunities for hands-on suturing practice, for both beginners and for those with suturing experience who want to update their skills or learn new techniques.

## W6 – Chest Radiography 101: It's All Black And White To Me

3:00 – 6:00 pm

*Sabrina D. Jarvis MS, FNP, ACNP*

This fun, interactive workshop will focus on the fundamentals of chest x-ray interpretation. The session will include how to determine the quality of a chest radiograph, anatomical landmarks, line and tube placement, as well as interesting pathology case studies.

## W7 – Places in the Heart: Central Venous Access

3:00 – 6:00 pm

*Sophia Chu Rodgers MSN, ACNP, CFNP*

This workshop will provide hands-on skills in the insertion of acute care central venous catheters. Various approaches, indications and contraindications to catheter insertion will be discussed and demonstrated, including the internal jugular, subclavian, and femoral vein. Indications, contraindications, and potential complications will be reviewed. As an added bonus, participants will also receive instruction in the use of an ultrasound venous locator device.

## W8 – Comprehensive Billing and Coding

3:00 – 6:00 pm

*Mary D. Knudtson DNSc, NP*

This workshop will review strategies to maximize reimbursement through proper coding. General principles of coding including selecting the right CPT code, documenting services to justify the code and the use of the evaluation and management guidelines will be presented. The workshop will also present the requirements for CPT coding for: preventive visits, new patient vs. established patient visits, consultation codes, procedure codes, home health codes, and inpatient codes.

## CE & Pharmacology Contact Hours

ACNP is approved as a provider of CE in nursing by the Virginia Nurses Association, which is accredited as an approver of CE in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Attendees may earn up to a possible 44 contact hours (if attending one workshop in addition to all regular conference sessions). Those attending the FCCS course will earn additional contact hours.



## In-depth Industry Sponsored Symposia (ISS)

These symposia are educational opportunities for in-depth exploration of important clinical topics. Symposia are longer than most other sessions and carry continuing education contact hours. Conference attendees will need to register separately (registration available online only) for these symposia, on a first-come, first-serve basis. Check the Conference website for the most up-to-date list of ISS offerings.

### Thursday, October 12

7:00 am – 9:00 am

#### ISS 1 – “The Butterfly Effect: Glycemic and Vascular Manifestations of Early, Aggressive Treatment of Type 2 Diabetes”

*Supported by Takeda Pharmaceuticals*

This program will review the pathophysiology of type 2 diabetes, discuss the relationship between T2D and vascular disease, describe the rationale for early, aggressive treatment of T2D and explore clinical situations in which early aggressive treatment can improve glycemic and vascular outcomes in these patients.

#### ISS 2 – “Navigating the Complexities of Menopause and Hormone Therapy”

*Supported by Wyeth Pharmaceuticals*

Through research, we have learned that the management of menopause and the proper assessment of symptoms form a complex arena. This symposium will move us one step closer to differentiating fact from fiction and improving patient care.

### Saturday, October 14

7:00 am – 9:00 am

#### ISS 3 – “Device-Based Therapy in Heart Failure”

*Supported by Medtronic*

This will be an informative session about the role implantable defibrillation and cardiac resynchronization therapy play in the management of heart failure patients. Topics will include reasons for device therapy, patient identification, and case studies.

# Official Conference Schedule

Conference schedule is as of August 1 and subject to change. Please check ACNP website for updates or the Final Program available onsite.

## WEDNESDAY, OCTOBER 11

8:00 am–5:00 pm	Fundamental Critical Care Support Course– <i>Separate registration required</i>
8:00 am–11:00 am	Pre-Conference Skills Workshops– <i>Separate registration required</i>
1:00 pm–6:00 pm	Pre-Conference Skills Workshop– <i>Separate registration required</i>
6:30 pm–8:00 pm	Welcome Reception

## THURSDAY, OCTOBER 12

7:00 am–9:00 am	Industry Sponsored Symposia (2)
9:00 am–10:30 am	Keynote Speaker: US Surgeon General Richard H. Carmona, M.D., M.P.H., FACS (invited)
10:45 am–11:45 am	Concurrent educational sessions
2:00 pm–3:00 pm	Concurrent educational sessions
2:00 pm–5:30 pm	Fundamental Critical Care Support Course (Continued) <i>Separate registration required</i>
3:15 pm–4:15 pm	Concurrent educational sessions
4:30 pm–5:30 pm	Concurrent educational sessions
5:30 pm–6:30 pm	“ACNP . . . Policy in Action! Meeting”–Join us for dialogue with the ACNP Board of Directors and learn how policy is linked to practice

## FRIDAY, OCTOBER 13

7:30 am–12:30 pm	Fundamental Critical Care Support Course (Continued) <i>Separate registration required</i>
9:00 am–10:00 am	Concurrent educational sessions
10:00 am	Official Exhibit Hall Opening/Ribbon Cutting
10:00 am–2:00 pm	Exhibits Open
12:00 pm–1:00 pm	Lunch in Exhibit Hall
1:00 pm–2:30 pm	Plenary Session: “After Lunch Policy Punch” <i>Sponsored by Nurses Service Organization</i>
2:45 pm–3:45 pm	Concurrent educational sessions
4:00 pm–5:00 pm	Concurrent educational sessions
5:15 pm–6:15 pm	Concurrent educational sessions

## SATURDAY, OCTOBER 14

7:00 am–9:00 am	Industry Sponsored Symposia (1)
9:00 am–10:15 am	Plenary Speaker: Mayte Prida <i>Sponsored by PhRMA</i>
10:15 am–1:30 pm	Exhibits Open
10:30 am–11:30 am	Concurrent educational sessions
12:00 pm–1:00 pm	Lunch in Exhibit Hall
1:15 pm–2:15 pm	Concurrent educational sessions
2:30 pm–3:30 pm	Concurrent educational sessions
3:45 pm–4:45 pm	Concurrent educational sessions
3:00 pm–6:00 pm	Skills Workshops– <i>Separate registration required</i>
6:30 pm–8:30 pm	Evening Event: Networking, Awards, and Fun

## SUNDAY, OCTOBER 15

7:30 am–8:30 am	Concurrent educational sessions
8:45 am–9:45 am	Concurrent educational sessions
10:00 am–11:00 am	Concurrent educational sessions

# Exhibits

Exhibitors from a wide range of healthcare-related industries will be present at this year's National Clinical Conference. Attendees are encouraged to visit the exhibits and view the latest developments and products in pharmaceutical equipment, supplies, patient information and services to support your practice.

## Exhibit Hours

**Friday, October 13**

10:00 AM – 2:00 PM

**Saturday, October 14**

10:15 AM – 1:30 PM



## 2006 Exhibitor Listing

As of August 1, 2006

ABKIT, Inc.

Advanced Neuromodulation Systems

ADVANCE for Nurse Practitioners

Alcoholics Anonymous

Almond Board of California

American Assn. of Critical-Care Nurses

American College of Nurse Practitioners

Amgen

Beckman Coulter, Inc.

Berna Products

Beta Dermaceuticals, Inc.

Blackwell Publishing

Breckenridge Pharmaceutical, Inc.

Calmoseptine, Inc.

Case – Bolton School of Nursing

Clinical Advisor

CompHealth

Dermalogix Partners, Inc.

Dermik

Designs for Health

Diagnostic Ultrasound

Duramed Pharmaceuticals

Elite Medical, Inc.

Elsevier, Inc.

Endo Pharmaceuticals, Inc.

Evercare

FDA

FDA Medwatch

Fitzgerald Health Education Associates

Geisinger Health Systems

Genentech, Inc.

Gideons International, The

HealthStop

InteMedica LLC

Inverness Medical, Inc.

King Pharmaceuticals, Inc.

Kyphon, Inc.

Laclede/Biotene

Lexi-Comp, Inc.

Mayo Clinic

Medical Letter, The

Merck & Co., Inc.

Merck Human Health

Merck/Schering-Plough

Metagenics, Inc.

MinuteClinic

Mission Pharmacal Company

National Certification Board for Therapeutic  
Massage & Bodywork

National Institute of Child Health & Human  
Development

NeilMed Pharmaceuticals

Nurses Service Organization

Organon USA, Inc.

Ortho-McNeil Neurologics, Inc.

Ortho-Women's Health & Urology

Oscient Pharmaceuticals

PEPID, LLC

Pfizer, Inc.

Rocky Mountain University of Health  
Professions

Sanofi Pasteur

Schwarz Pharma, Inc.

Scios, Inc.

Sign2Me

Susan G. Komen Breast Cancer Foundation

Sutter Health

Take Care Health Systems

Takeda Pharmaceuticals

The Little Clinic

The Methodist Hospital

Verispan

Walk4Life, Inc.

Warner Chilcott

Women's International Pharmacy

The **2006 ACNP National Clinical Conference** is THE event for leading nurse practitioners. Learn more about corporate opportunities for marketing, sponsorship and exhibiting by contacting J. Spargo & Associates, Inc. at (800) 564-4220 or [acnpexhibits@jspargo.com](mailto:acnpexhibits@jspargo.com).

# Educational Sessions

These sessions are SUBJECT TO CHANGE – check the ACNP website for updates or the Final Program available onsite. Sessions containing pharmacology are indicated with an 


## THURSDAY, OCTOBER 12

10:45 AM - 11:45 AM

### Acute Coronary Syndrome: Review Of The Guidelines

*Kathy J. Noyes MSN, FNP, ACNP*


This program will review clinical characteristics of the disorders included in acute coronary syndrome, risk stratification and various drug therapies used in the management of ACS as identified in the ACC/AHA guidelines. (Advanced)

**Session: 57** 

### Advances In Treatment Of Atrial Fibrillation

*Maria Fe M. Mangila MSN, ANP*

This pharmacologic presentation will include discussion of various antiarrhythmic drugs used for rate control of atrial fibrillation, pharmacologic cardioversion, and anticoagulation. Specific drug indications, contraindications, adverse effects and patient monitoring will be reviewed. (Intermediate)

**Session: 188** 

### Diagnosis and Treatment Of The Metabolic Syndrome 2006

*W. Lane Edwards, Jr. MSN, ARNP, ANP*


A case study presentation designed to assist the primary care provider in identifying the components of the metabolic syndrome and design a plan of care to reduce such risk. (Intermediate)

**Session: 156** 

### Animal Exposure In General Practice

*Yolanda C. Lang MSN, CRNP, Dr.PH*


Presentation of animal exposure evaluation/treatment which may be seen in a general practitioner office. Examples: Rodent bite - Rat fever; Monkey scratch - Herpes B virus, SIV; Cows - ringworm; Cats - toxoplasmosis, bite injuries will be reviewed. (Intermediate)

**Session: 28** 

### Understanding Irritable Bowel Syndrome: A Primer For The Primary Care Provider

*Bruce D. Askey RN, MSN, CRNP*

Irritable bowel syndrome (IBS) is one of the most common presenting complaints in the United States. This session explores the pathophysiology of IBS and pharmacologic and nonpharmacologic treatment of this common syndrome. "Red Flag" symptoms are explored. (Intermediate)

**Session: 108** 

### Recognition, Diagnosis, And Treatment Of Adults With ADHD

*George C. Wootton MS*


Diagnosing attention deficit hyperactivity disorder symptomatology in adults can be particularly challenging. This talk will describe adult ADHD symptomatology, offer diagnostic methodology, and explain pharmacologic and non-pharmacologic treatment options. (Intermediate)

**Session: 253** 

### The Pills: Diabetes Medication Decisions

*Helen B. Kennedy MS, FNP, CDE, BC-ADM*

The four classes of oral antihyperglycemic drugs will be discussed. Helpful tips for determining the appropriate therapeutic agents for the patient with Type 2 Diabetes will be given. (Beginner)

**Session: 41** 

### The Role Of Primary Care Providers In The Identification And Management Of Child Sexual Abuse

*Julie E. Rosof-Williams MSN*

This presentation will guide providers in the management of forensic, medical, and emotional needs of children and families in the context of acute and non-acute sexual abuse/assault concerns. (Beginner)

**Session: 96**

### Moral Reasoning - Beyond Our Cultural Perspectives

*Thea Krause MSN, ACNP-CS*

*Deborah A. Fericola RN, MSN, ACNP-CS, CCRN*

Moral reasoning is culturally and individually sensitive. Practitioners who can guide individuals in identifying their basic values will ultimately guide them in making decisions consistent with those values. This presentation will explore a process for moral reasoning. (Intermediate)

**Session: 260**

### Nurse Practitioner Expertise: Beyond Clinical Practice

*Angela B. Wurster MSN, CRNP, APRN-BC*

*Barbara A. Todd MSN, CRNP, APRN-BC*

The role of the NP has evolved over the past 40 years and within that framework many opportunities for the role exist in both primary and acute care settings. This session will explore the attributes of NP leaders and describe the transformational model of leadership. (Intermediate)


**Session: 316**

2:00 PM - 3:00 PM

### Preventive Cardiology For Women: How Different Are We? A Comprehensive Review

*Mary C. Dutkiewicz MSN, CS, ANP*

Understanding the AHA Women and Heart Disease Prevention Guidelines is imperative to improve clinical practice. This session will review gender differences, clinical manifestations, and cognitive-behavioral interventions and considerations. (Intermediate)

**Session: 7** 

### Multidisciplinary Approach To The Melanoma Patient: What Do You Bring To The Table?

*Patricia K. Long MSN*


This presentation will review: melanoma risk factors, recognition of abnormal skin lesions, skin biopsy techniques, melanoma pathology reports, treatment options, skin cancer prevention and the nurse practitioner role in the treatment of a melanoma patient. (Intermediate)

**Session: 179**

### Primary Care Insulin Management For Type 2 DM

*Cecilia West MSN, CRNP*


This presentation will enable the participant to develop an awareness of the newer insulin therapies and plan treatment regimes for active individuals with Type 2 DM utilizing insulin. (Intermediate)

**Session: 151** 

### Understanding Inflammatory Bowel Disease: A Primer For The Primary Care Provider

*Bruce D. Askey RN, MSN, CRNP*

Inflammatory Bowel Disease (IBS) is an autoimmune disorder in which the gastrointestinal tract is the primary target. Diagnosis and treatment of Ulcerative Colitis and Crohn's Disease will be discussed. (Intermediate)

**Session: 109** 

### Bone Densitometry Testing In Your Practice: How To Get Started

*Elaine R. Henson MSN, ANP-BC*

This session will review anatomy and physiology relative to the skeletal system and how it effects the development of osteopenia/osteoporosis which will enable the NP to accurately diagnose and treat these diseases. Case histories will facilitate the discussion. The "how to's" in setting up bone density testing will be reviewed. (Intermediate)

**Session: 240** 

### Stem Cell Advances And Therapeutics

*Barbara A. Dehn MS, NP*


Stem cells are emerging as a potential for treating a multitude of diseases and conditions. The latest research in embryonic, umbilical and adult stem cell applications will be reviewed as well as definitions and explanations of the science that is being applied. (Intermediate)

**Session: 62**

### Managing Depression In Primary Care: Are You Competent?

*Pamela J. Bender MSN, APRN-BC*


Treating depression in primary care can be challenging, time consuming and frustrating. Do you have the skills to competently diagnose and manage depression in your practice? Diagnosis, management, diagnostic and procedural codes and tips for difficult cases are presented. (Advanced)

**Session: 172** 

### Challenges Of Headache In Primary Care

Wendy L. Wright MS, RN, ARNP, FNP, FAANP

This lecture will provide the clinician with valuable, practical information to assess the patient with headaches. In addition, differential diagnosis and various treatment options for primary headaches (migraine, tension and cluster) will be discussed. (Intermediate)


Session: 82 

### From Self-Expression To Self-Harm: The “Normal and Abnormal” Outward Appearance Of Teens

Margaret C. Graham PhD, CRNP

Alice M. Teall MS, CRNP

Adolescents are commonly choosing piercings and tattoos to express themselves, and are increasingly presenting with self-inflicted piercings, cuts, burns, and scars. Discussion focuses on assessment of teen appearance and management for those at risk. (Intermediate)

Session: 264 

### So, You’ve Agreed To Precept A Nurse Practitioner Student!

Dawn F. Rondeau MS, ACNP, FNP

Have you resisted NP students because you are unsure of how to precept them? This lecture will provide succinct guidelines to assist in your development as a clinical preceptor, while maintaining your patient flow. (Intermediate)

Session: 220

### 3:15 PM - 4:15 PM

#### Implementation Of A Nurse Practitioner Led Rapid Response Team In A Large Medical Center Hospital

Mechelle E. Williams MSN, ACNP

Learn how a large medical center hospital implemented a Rapid Response Team with 24/7 coverage by Nurse Practitioners and Respiratory Therapists. Discuss how the team was structured, the pilot implemented and coverage expanded. (Intermediate)

Session: 294

### Ischemia, Injury, And Infarction On The 12 Lead EKG

W. Lane Edwards, Jr. MSN, ARNP, ANP

A lecture, discussion, and computer generated presentation designed to assist the primary care provider with skills required to distinguish ischemia, injury or infarct on the 12 lead EKG. (Intermediate)

Session: 157

### Plain Talk About Patient Communication

Carolyn I. Speros DNSc, APRN-BC

This presentation addresses the challenges inherent in communicating effectively with patients. Practical communication and teaching strategies that can significantly enhance patient comprehension, safety and health outcomes will be discussed. (Beginner)

Session: 267

### Is Mom Starving? Nutrition And Hydration Issues At End Of Life

Diane M. Price RN, MS, ANP, BC

Food and fluids are vital for survival. A dilemma develops when the patient loses the ability to consume adequate nutrition. This session will help the advanced practice nurse develop skills to deal with these challenges. (Intermediate)

Session: 239

### Caring For The Frail Elderly In The Community

Evelyn R. Hayes PhD, APRN-BC


The University of Delaware Nursing Center works to assist the elderly, their families, and their health care providers to determine the supports needed to insure safety and a high quality of life. This session addresses the environmental, psychosocial, physical and health behavior needs of the clients. (Intermediate)

Session: 135

### Nutrition And A Healthy Heart: A Review Of The 2005 Consensus Report

Mary C. Dutkiewicz MSN, CS, ANP


The newly released 2005 Consensus Report: Complementary Medicine in Cardiovascular Health and Disease provides evidence-based science enabling providers to integrate complimentary medicine into an established cardiac practice. Learn the “how to’s” of integration. (Intermediate)

Session: 200 

### Managing Subarachnoid Hemorrhage

Stephanie G. Christian-Lobley FNP-BC, APNP, CNRN

This session will discuss pathophysiological changes after aneurysmal subarachnoid hemorrhage (SAH) and the nurse practitioner’s role in anticipating, recognizing and managing the secondary clinical events following SAH. (Advanced)

Session: 292 

### Eating Disorders

Phyllis C. Stackhouse MSN, PNP

The care of an individual with an eating disorder will be discussed, including symptoms, diagnosis, triad approach, laboratory testing, medications, indications for hospitalization, and family interactions. (Beginner)

Session: 167

### Adult Wheezing- COPD Or Is It Asthma?

Nanette Alexander MSN, APRN-BC


Adult-onset lung disease is a challenging diagnosis. Both asthma and COPD can have an onset in adulthood. This session will present the clinical differences between asthma and COPD, and will review current pharmacological and non-pharmacological treatment options. (Intermediate)

Session: 99 

### Osteoporosis: Improving Patient Outcomes Through Better Adherence

Wendy L. Wright MS, RN, ARNP, FNP, FAANP

Approximately 50% of postmenopausal women have or are at risk for osteoporosis. This lecture will provide the clinician with valuable information regarding screening, treatment and improving patient adherence to treatments. (Intermediate)


Session: 83 

### 4:30 PM - 5:30 PM

#### Diagnosis And Treatment Of Complex Dyslipidemias

W. Lane Edwards, Jr. MSN, ARNP, ANP

A lecture, discussion, case study presentation designed to assist the primary care provider with the ability to diagnose and treat complex lipid disorders. (Intermediate)

Session: 155 

#### The Diabetic Deep Dive: Team Tactics That Got Results

Tammy H. Anderer MSN, CRNP


This session will describe the development and use of an operational registry to identify all diabetics across the health system and track diabetic bundle elements, including missing critical diabetic labs, screening exams, immunizations, and PCP follow up visits. The evolution of smart tactics, smart orders, and smart workflows will be discussed. (Intermediate)

Session: 305

#### Soft Tissue Infections And MRSA Update

Dawn F. Rondeau MS, ACNP, FNP

Soft tissue infections are no longer limited to “at risk” populations. You will see these infections in your pediatric or adult practice. The microbiology of the infectious agents, treatment, MRSA review, and indication for referral will be included. (Intermediate)

Session: 217 

#### Evaluation Of Microscopic Hematuria

Leanne S. Schimke MSN, FNP, CUNP


Microscopic hematuria is a common dilemma in primary care. This discussion will define microscopic hematuria and possible etiologies. The session will also enable the participant to determine whether to refer to a urologist or a nephrologist, review the appropriate diagnostic workup and high risk factors for a urologic malignancy. (Intermediate)

Session: 73

#### NCGNP’s Innovative Strategy To Assess And Manage Mental Health Changes In Older Adults

Barbara Resnick PhD, CRNP

The National Conference of Gerontological Nurse Practitioners (NCGNP), funded through a nurse competence in aging grant, developed a toolkit for assessing and managing mental health changes in older adults across all care settings. (Beginner)

Session: 6 

### Multiple Myeloma: Transplant Or Treatment

*Karen L. Yennie MSN, C-NP, AOCN*

Multiple myeloma (MM) presents with back pain, bone pain or anemia. The diagnosis, treatment and complications of MM will be discussed as well as treatment options for this hematologic malignancy. (Advanced)

**Session: 295** 

### Alcohol Screening And Brief Intervention

*Janet S. Selway DNSc, CRNP*

Learn how to efficiently screen patients for alcohol use problems. Reduce the likelihood of hazardous/harmful drinking and its negative consequences with an evidence-based short counseling technique: brief intervention. (Beginner)


**Session: 320**

### Equianalgesic Conversion Of Opioids

*Beth A. Wagner MSN, CRNP*

*Erin M. McMenamin MSN, CRNP, AOCN*

The management of pain frequently requires changes in opioids, route, or drug formulation. Using case study presentations, participants will be guided through clinical situations necessitating opioid conversion, instruction on use of an equianalgesic conversion chart, and practical principles. (Beginner)

**Session: 254** 

### Organizational Structure For Nurse Practitioners And Physician Assistants At An Academic Institution

*Jane A. Linderbaum MS, FNP*


This presentation will provide the background, overview and experience during the first two years that this structure was utilized. Examples of events and programs, best practices, resources for NP/PA practices as well as strengths and challenges of this initiative will be reviewed. (Advanced)

**Session: 231**

### PCOS: The Tip Of The Iceberg

*Barbara A. Dehn MS, NP*

PCOS is one aspect of a syndrome that affects not only a woman's menstrual cycle, her risk of hyperplasia, and her ability to ovulate, it also affects her metabolism and risk of Type 2 Diabetes. A thorough work up that excludes other causes of hyperandrogenism and a treatment plan that addresses long term health consequences can have enormous benefits to patients. (Intermediate)

**Session: 64** 

## FRIDAY, OCTOBER 13

**9:00 AM - 10:00 AM**

### Management Of Life Threatening Electrolyte And Metabolic Disturbances

*Sophia C. Rodgers MSN, ACNP, NP-C*

Electrolyte and metabolic disturbances are common in the critically ill patients. This session will discuss the diagnosis, laboratory values, etiology, pathophysiology and treatment of these potentially life threatening disturbances. (Advanced)

**Session: 248** 

### Thoracic Aortic Disease: An Overview

*Erin L. Davis MSN, CRNP, APRN-BC*

Comprehensive overview of thoracic aortic disease with a focus on diagnosis and management including imaging modalities, pharmacologic therapy, lifestyle modification, timing of surgical intervention and long term follow up. (Intermediate)

**Session: 283**

### Cardiac Auscultation: Are You Correctly Identifying The Murmur?

*Barbara A. Todd MSN, CRNP, APRN-BC*

It is unquestionable that physical examination and correct murmur identification, in conjunction with history taking skills, is the cornerstone of bedside diagnosis, not only for nurse practitioners but all clinicians. This session will focus on accurate cardiac auscultation techniques. (Intermediate)

**Session: 36**

### A Practical Guide To Human Papilloma Infections In Adolescents

*Linda M. Kollar MSN, CNP*

This workshop will review the natural history of HPV, the guidelines for pap testing and management of young women with cytological abnormalities. Patient education techniques, HPV vaccines and cervical dysplasia treatment will also be presented. (Intermediate)

**Session: 139**

### Abnormal Liver Enzymes: What Now?

*Bruce D. Askey RN, MSN, CRNP*

This session explores the physiology and pathology of abnormal liver studies. Hepatocellular and cholestatic markers, as well as true liver function tests are described. Case studies are presented to enhance the learning process. (Intermediate)

**Session: 107**

### Understanding Frailty: An Essential In Caring For Elders

*Patricia A. Kappas-Larson MPH, APRN-BC, ANP*


Become knowledgeable about frailty as a syndrome, learn the basics of the assessment process, and explore management options within a critical thinking framework. Understand the impact of chronic diseases, the influence of the aging process and the need to elicit a patient model of care. (Intermediate)

**Session: 114**

### Management Of Psychiatric Emergencies

*Patricia K. Noonan MSN, ANP, PMH-NP*

The speaker will assist the audience in developing criteria for diagnosing behavioral problems. Participants will assess and evaluate appropriate plans of action and intervention. (Intermediate)

**Session: 125** 

### Sports Medicine In The Young Athlete

*Ray W. Kleposki MSN, CRNP*

Sports medicine affects nearly every young athlete in America today. This presentation will focus on common sports injuries including their prevention and treatment. A discuss of the most common performance-enhancing substances will be included. (Intermediate)

**Session: 32**

### The DNP: Has Nursing Education Gone Mad?

*Susan Apold PhD, ANP*


The history of nursing education in the United States has been fraught with controversy. This presentation will provide the participant with a context for a new standard in nursing education: the Doctorate of Nursing Practice. (Intermediate)

**Session: 104**

### Allergic Asthma P & P: Pathophysiology To Pharmacology

*Kevin L. Letz ND, CEN, RN, ANP, CS, FNP-C, PNP, BC, AE-C*

This presentation will review the pathophysiology of allergic asthma, discuss how new and older pharmacotherapies work in relationship to pathophysiology, and review when to initiate newer pharmacotherapies or initiate referral. (Advanced)


**Session: 255** 

**2:45 PM - 3:45 PM**

### Management of Heart Failure in Adults: What's New with the Latest 2005 Guidelines?

*Leslie L. Davis MSN, RN, CS, ANP*


This educational session will review the stages of heart failure and goals of treatment, particularly outlining revisions to previous published management guidelines. (Intermediate)

**Session: 281** 

### Dermatology Overview For The Adult Primary Care Practitioner, Part I

*Claudia A. Davis MN, ARNP*


This two part session provides the primary care practitioner with a detailed review of patient skin concerns from rash to melanoma. Part one includes inflammatory, infection, drug, and autoimmune disease skin conditions. (Part 2 follows in next session) (Intermediate)

**Session: 321** 

### Type 2 Diabetes: Glycemic Control And Beyond

*Tom G. Bartol NP, CDE*

Type 2 diabetes is more than just a disease of blood glucose. This session will give you tips on managing blood glucose and then go beyond into cardiovascular implications of diabetes and management strategies. (Intermediate)

**Session: 243** 

### Small, Medium And Large: Customizing Bariatric Care

*Pamela J. Bolton RN, MS, ACNP, CCNS, CCRN, PCCN*

This session will provide interesting and challenging discussion regarding the care of the bariatric patient in acute care. A comprehensive review will be provided on the pathophysiology and care requirements of obese patients. (Intermediate)

**Session: 233**

### **Esophageal Cancer: What You Need To Know**

*Barbara J. Tempesta MS, CRNP*

Esophageal cancer is increasing at an alarming rate and treatment consensus remains a clinical controversy. Many nurse practitioners will be faced with the esophageal cancer patient, from primary care to acute care. Knowledge of the disease and its course is essential to meeting the patient care needs. (Intermediate)

**Session: 174**

### **An Integrative Nutritional Approach To Chronic Disease**

*Mary Ann Osborne Schwenka MS, FNP*

An integrative nutritional assessment is essential for the management of chronic disease. Learn the principles of an integrative approach to nutrition and the “anti-inflammatory” diet to assist in your daily practice. (Intermediate)

**Session: 181**

### **Myasthenia Gravis: Overview, Clinical Manifestations, Assessment And Management**

*Marcia S. Lorimer MSN, CPNP*

Myasthenia gravis is a chronic autoimmune neuromuscular disorder characterized by variable and fatigable weakness of voluntary muscle groups. Clinical presentation, assessment, and treatment may be a dilemma for nurse practitioners who are unfamiliar with the disorder. (Intermediate)

**Session: 293** 

### **Updates In Pediatric Benign And Malignant Musculoskeletal Tumors**

*Ray W. Kleposki MSN, CRNP*

Pediatric musculoskeletal tumors are uncommon in the general population. Most are benign, however recognition and proper referral of children with musculoskeletal tumors is imperative. This presentation will discuss the most common tumors including recognition, diagnosis, and treatment. (Advanced)

**Session: 33**

### **The Art And Science Of Removing Barriers To NP Practice: Part I**

*Cathryn E. Wright, MSN, APRN*

Participants will learn about legislative and regulatory processes, discuss burdensome policy barriers faced by NPs, and learn a systematic plan for removing those barriers. (Part 2 follows in next session) (Intermediate)

**Session: 115**

### **Reducing Your Risk Of Breast Cancer: Prevention Is Primary!!!**

*Rebecca R. Murray MSN, FNP, CDE*

“Primary Prevention of Breast Cancer” addresses the genetic, environmental, and nutritional factors that influence one’s lifetime risk for the development of breast cancer. “Knowledge is power” and “what you don’t know MAY hurt you”. (Advanced)

**Session: 287** 

## **4:00 PM - 5:00 PM**

### **National Heart Truth Dissemination Project: Health Professional Educational Materials For Heart Disease In Women**

*Elizabeth M. Blunt PhD, RN, FNP*

Heart disease is the leading cause of death among American women. In 2000, over 500,000 women died from cardiovascular diseases. The Heart Truth Project provides cardiovascular education materials to nurse practitioners, their patients and families. (Intermediate)

**Session: 13**

### **Dermatology Overview For The Adult Primary Care Practitioner, Part II**

*Claudia A. Davis MN, ARNP*

This two part session provides the primary care practitioner with a detailed review of patient skin concerns from rash to melanoma. Part two includes skin lesions, benign to malignant, with a focus on aging skin and photoprotection. (Continued from part 1 in previous session) (Intermediate)

**Session: 322** 

### **It's A Zoo(Noses) Out There: Diagnosis And Treatment Of Illnesses That People Get From Their Pets**

*Melissa J. Roberts JD, MSN, FNP*

With the large number of pet owners in the United States, it's only logical that primary care providers will occasionally see zoonotic infections that have spread to patients from their pets. This lecture will discuss the zoonoses nurse practitioners are most likely to see in the office. (Intermediate)

**Session: 152** 

### **Osteoporosis And Vitamin D Deficiency: What's The Connection?**

*Karla K. Giese MSN, FNP, CDE*

Vitamin D deficiency is not uncommon in postmenopausal osteoporotic women and must be identified and addressed to successfully treat osteoporosis. The inter-relationship of nutrients, at risk patients and appropriate treatment will be explored. (Intermediate)

**Session: 37** 

### **Trauma In The Golden Years: Managing The Geriatric Trauma Patient**

*Janice K. Delgiorno MSN, CCRN, ACNP-BC*


Geriatric trauma patients present with various physiologic co-morbidities and physiologic changes that make them challenging to manage. This session will review geriatric anatomy and physiology and focus on how to manage the geriatric trauma patient. (Beginner)

**Session: 2**

### **Comfort, Safety, and Peace: Improving Pain Management For Hospitalized Elders**

*Diane J. Mick PhD, RN, CCNS, GNP, FNAP*

A review of the most recent American Geriatrics Society Panel Guideline on Persistent Pain in Older Persons will help to ground this discussion of ensuring comfort, safety, and peace for hospitalized elders in our care. (Intermediate)

**Session: 53** 

## **The Art And Science Of Removing**

### **Barriers To NP Practice: Part II**

*Cathryn E. Wright MSN, APRN*

Participants will learn about legislative and regulatory processes, discuss burdensome policy barriers faced by NPs, and learn a systematic plan for removing those barriers. (Continued from Part 1 in previous session) (Intermediate)

**Session: 116**

### **House Calls: Nurse Practitioners Aid In Improving Access To Care For Our Nation's Frail Elderly**

*Jane A. Owens MSN, NP-C*

With our nation's rapidly increasing elder population, house calls provide improved access to health care, decreased health care dollars spent, and help improve patient outcomes. This presentation will discuss house calls as a practice opportunity. (Beginner)

**Session: 203**

### **Lung Cancer Screening: Is This The Wave Of The Future?**

*Kimberly L. Quinn MSN, CCRN, ACNP, ANP*

This discussion will provide information on emerging data from a lung cancer screening study that will assist nurse practitioners to identify those patients that may be at risk for developing lung cancer. (Intermediate)

**Session: 129**

### **Genital HPV And Cervical Cancer: Natural History Of HPV And Guidelines For Screening And Treatment**

*Heather E. Payne MSN, WHNP*

This session will provide up-to-date information regarding genital HPV, including: epidemiology and natural history, low-risk vs. high-risk types of HPV, current guidelines for Pap testing, use of HPV DNA testing, management of abnormal Paps, and an update on HPV vaccines. (Intermediate)

**Session: 124**

## **5:15 PM - 6:15 PM**

### **When Bad Things Happen To Good Patients: Managing Complications Of Trauma**

*Janice K. Delgiorno MSN, CCRN, ACNP-BC*

Trauma patients often face complications following their injuries. This presentation will focus on prevention, recognition and management of complications of traumatic injuries such as compartment syndrome, rhabdomyolysis, delayed healing of wounds, sepsis and inadequate pain management. (Intermediate)

**Session: 16**

### **Follow-Up After Cardiac Surgery: What To Expect And Assess In The Primary Care Setting**

*Caroline F. Denest MSN, CRNP*

This session is an overview for the primary care provider in the assessment of the post cardiac surgery patient. The assessment, complications and co-morbidities that require primary care follow up will be discussed. (Intermediate)

**Session: 120**

### **Congenital Lesions Of Childhood**

*Peggy Vernon RN, MA, C-PNP*

This session will focus on congenital lesions of childhood, including hemangiomas, vascular malformations, congenital nevi, and pigmented and depigmented lesions. Appropriate treatment will be discussed, as well as parent/child education. (Intermediate)

**Session: 256**

### **Lyme Disease: Coming Soon In A Patient Near You!**

*Ginger R. Savely MSN, MEd*

The speaker specializes in treating tick-borne diseases in her San Francisco clinic. After her presentation which will discuss the varied presentations of Lyme disease, attendees will undoubtedly consider it more often in their differential diagnosis. (Beginner)

**Session: 100**

### **Understanding Personal Digital Assistants**

*Andrew E. Craig MSN, FNP-C*

Learn what a PDA is, what one does, and how PDAs can improve your clinical practice by providing ready access to relevant clinical tools and information. Gain skills needed to make a sound purchasing decision. (Beginner)

**Session: 61**

### **When It's More Than Just The Blues: Identifying And Treating Postpartum Depression**

*Melissa J. Roberts JD, MSN, FNP*

This presentation will discuss the history of postpartum depression in healthcare and the American courts, along with its pathophysiology, diagnosis and treatment. (Intermediate)

**Session: 132**

### **Evaluation Of The Dizzy Patient**

*Stephanie O. Barreire MS, NP-C*

This lecture will discuss the systematic evaluation, diagnosis, and treatment of both vertigo and dizziness. Specifically, Meniere's Disease, Benign Paroxysmal Positional Vertigo, neuritis/labyrinthitis, and labyrinth hypofunction will be covered. (Intermediate)

**Session: 94**

### **Autism Spectrum Disorders: Identification, Intervention And The Role Of The Primary Care Provider**

*Laurie A. Lundblad APRN, BC, Psy., S.*

The incidence of autism spectrum disorders is rising at an alarming rate. Since early intervention is associated with optimal functional outcomes, primary care providers are pivotal in the initiation of diagnostic and therapeutic services. (Advanced)

**Session: 58**

### **Surviving the Storm: A Nurse Practitioner Owned Clinical Practice**

*K.C. Arnold ANP*

KC Arnold, ANP opened her own diabetes management center post Hurricane Katrina. She will share her experience for others to consider taking the leap of an NP-owned clinical practice. (Advanced)


**Session: 168**

### **Pulmonary Embolism: High Lethality**

#### **With Non-Specific Symptoms**

*Dawn F. Rondeau MS, ACNP, FNP*

Pulmonary embolism is in your practice setting. It is a prevalent problem that can go undiagnosed and lead to death. This presentation will review subtle symptoms, work-up strategies, clotting disorders, and heighten your sensitivity to this issue. (Intermediate)

**Session: 223** 

## **SATURDAY, OCTOBER 14**

### **10:30 AM - 11:30 AM**

#### **Non-Invasive Cardiac Testing: What To Order, When and Why?**

*Pamela A. Papp MS, APN, FNP*


This presentation describes non-invasive cardiac testing options, which range from a treadmill stress test to the multi-slice CT. Indications for choosing a test for a specific patient population will be identified and management options reviewed utilizing case studies. (Beginner)

**Session: 136**

#### **The Papulosquamous Differential: Bumps That Scale**

*Peggy Vernon RN, MA, C-PNP*


This presentation will focus on the papulosquamous differential, including atopic dermatitis, seborrheic dermatitis, psoriasis, tinea infections, and viral lesions including pityriasis rosea and warts. Appropriate treatment including home maintenance and parent/patient education will be discussed. (Intermediate)

**Session: 257** 

#### **Hormone Horrors: Fearless Care Of Endocrine Abnormalities**

*Pamela J. Bolton RN, MS, ACNP, CCNS, CCRN, PCCN*

Endocrine disorders affecting acutely ill patients will be covered in this session. A comprehensive review of the pathophysiology and care requirements for patients experiencing adrenal insufficiency, hyperglycemia and metabolic syndrome will be discussed. (Intermediate)

**Session: 236** 

#### **Understanding The Dynamics Of Domestic Violence: How Can NPs Help?**

*Charlotte M. Covington MSN, APRN, FNP*

What is going on with patients who are in abusive relationships, and why don't they just leave? This presentation will describe the separation process, as well as common medical and psychological complaints of abused patients. Screening and intervention techniques will be discussed. (Intermediate)

**Session: 86**

#### **House Calls- What's Old Is New Again, Or There's No Place Like Home**

*Joyce C. Harmon MSN, CS, ANP*

An APRN-based house call program is effective in augmenting office-based care of the frail elderly with multiple chronic medical conditions in many meaningful and satisfying ways to patients, family and providers alike. (Intermediate)

**Session: 213**

### **Pharmacologic Approaches in the Management of Persistent Pain**

*Ellen M. Battista DNS, ANP, PNP*

This session will review the basic current knowledge of pain management science, pharmacologic management, and monitoring of opiate therapy. Additionally, the legal climate of pain treatment and regulatory issues will be discussed with their implications on clinical practice. (Advanced)

**Session: 199** 

### **Practical Considerations In Pediatric Trauma**

*Becky S. Cook MSN, CPNP*


Children are not just small adults. This session will provide an overview of unique anatomical and physiologic differences in children and promote understanding of the child's response to injury. Diagnosis and management of pediatric head, spine, chest, and abdominal injuries will be reviewed. (Beginner)

**Session: 266**

### **Dancing With Death: Designer And Club Drugs**

*Janice K. Delgiorno MSN, CCRN, ACNP-BC*

Designer or club drugs have become increasingly popular among young people in the United States. This presentation focuses on the different club/designer drugs, their effects on the body, and how to recognize and treat the effects of these drugs. (Beginner)

**Session: 72** 

### **Team Triage Using Nurse Practitioners: The Perfect Fit**

*Lorraine W. Bock MSN, CRNP, CEN*

Team Triage is being embraced by overcrowded emergency departments all across America to reduce ED waits and improve patient care. This lecture will discuss how, when and why to use nurse practitioners in this role. (Advanced)

**Session: 159**

### **Diagnosis And Management Of Community Acquired Pneumonia In The Adult Patient**

*Mary D. Knudtson DNSc, NP*

The clinical presentation of CAP including the epidemiology, pathology and pathogenesis, diagnosis and management will be presented based on the IDSA and ATS guidelines. (Intermediate)


**Session: 78** 

### **1:15 PM - 2:15 PM**

#### **Severe Sepsis: Early Goal Directed Therapy**

*Kate J. Morse MSN, CRNP, CCRN*

This talk will review the definitions and evidence-based guidelines for the care of patients with severe sepsis. The role of the ACNP in early identification and treatment will be included throughout the discussion. A complex case study will be discussed. (Advanced)

**Session: 319** 

### **Minimizing Errors In The Evaluation Of Chest Pain**

*Anh Vu T. Nguyen MD FAAFP*

This presentation will describe the prevalence of chest pain visits and the medical liability in their evaluation, present pitfalls and offer techniques for minimizing errors in the evaluation of chest pain. (Intermediate)

**Session: 25**

### **Acne Management: What, When, Where, Why?**

*Peggy Vernon RN, MA, C-PNP*

This session will focus on acne, from infancy to adulthood. Description of acne lesions, including grading scales, and appropriate treatment options, psychosocial issues and patient education will be discussed. (Intermediate)

**Session: 258**

### **Community-Associated MRSA: Risk Factors, Molecular Epidemiology And Treatment Options For This Growing Threat**

*Jason E. Farley PhD, MPH, MSN, NP*

This presentation will provide the participant with a state of the science review of community-associated MRSA (CA-MRSA), common risk factors and treatment options for the primary care provider. (Intermediate)

**Session: 19**

### **The Journey Of Grief And Loss: Helping Our Patients With Life Changes**

*Lois Rockcastle RNC, MS, FNP*

Grief and loss can have a significant impact on health and well being. This session will discuss grief and losses, as well as the changes that take place during this process. Participants will be offered strategies for dealing with these life challenges. (Intermediate)

**Session: 312**

### **Tic, Tremor and Torticollis: What's Shaking In Movement Disorders**

*Ruth A. Brobst MSN, CRNP*

Movement disorders are one of the most common neurologic conditions encountered in a variety of practice settings. The focus of this program is the diagnosis and primary care management of major movement disorders. (Intermediate)

**Session: 39**

### **Loosen The Vise: Managing Headaches In Children**

*Melissa J. Roberts JD, MSN, FNP*

Headaches are a common occurrence during childhood and become more common during adolescence. This lecture will address cost-effective evaluation of pediatric headaches. (Beginner)

**Session: 131**

### **This Is 'Significant': What Does The Latest Research Mean In Your Clinical Practice?**

*Tom G. Bartol NP*

Making sense of clinical research can be confusing, especially with the often unclear line between marketing and research. This presentation will help you easily understand what the research really means and apply it to your practice. Learn to understand the "clinical significance" of research. (Intermediate)

**Session: 241**

### **COPD**

*Mary D. Knudtson DNSc, NP*

The clinical presentation of COPD including the epidemiology, pathology and pathogenesis, diagnosis and management will be presented based on the GOLD guidelines. (Intermediate)

**Session: 74**

### **Pregnancy Following Bariatric Surgery: Managing Medical And Surgical Issues**

*Victoria Frain MSN, RN, CRNP, FNP- C*

This presentation will assist the practitioner in identifying and managing health issues associated with women who become pregnant following bariatric surgery. Case studies will be presented and the National Bariatric Surgery Pregnancy registry will be discussed. (Intermediate)

**Session: 23**

## **2:30 PM - 3:30 PM**

### **The ACNP's Role In Preventing Ventilation Associated Pneumonia ( VAP)**

*Kate J. Morse MSN, CRNP, CCRN*

This talk presents the definitions, incidence and importance of preventing ventilator associated pneumonia (VAP). The importance of the ACNP's role in prevention of VAP will be highlighted through the development and maintenance of a VAP prevention program. (Intermediate)

**Session: 318**

### **Differential Diagnosis Of Chest Pain:**

#### **If Not The Heart, Then What?**

*Leslie L. Davis MSN, RN, CS, ANP*

Essential questions to ask patients complaining of chest pain, review of various causes of chest pain (unique signs, symptoms, and diagnostic test findings for each), and when to obtain a consultation/referral will be discussed. (Intermediate)

**Session: 277**

### **The Role Of The Nurse Practitioner In The Development, Implementation, And Management Of An Intensive Insulin Infusion Protocol**

*Peggy M. Bolton APRN-C, BC-ADM*

*Anita S. Richard APRN, ANP-C, GNP-C, CDE*  
Treatment of hyperglycemia in critically ill patients has been shown to improve clinical outcomes. A nurse practitioner insulin infusion protocol consult service piloted in 107 cardiovascular surgery patients resulted in safe, effective glycemic control. (Advanced)

**Session: 271**

### **Remember Toxic Shock Syndrome (TSS)?**

*Alice E. Conway PhD, CRNP, APRN-BC*

*Joyce Penrose DrPH, CRNP*

Toxic Shock Syndrome (TSS) is a serious bacterial infection caused by staphylococcus aureus. This deadly infection may be on the rise again. Nurse practitioners need to be cognizant of susceptible individuals and health promotion strategies. (Intermediate)

**Session: 207**

### **Clostridium Difficile: A Preventable Disease**

*Cathy Grant CRNP, MSN*

This presentation will review the etiology, progression, diagnosis and treatment of clostridium difficile. Primary prevention and nursing measures related to preventing the spread of this disease will be discussed. (Intermediate)

**Session: 205**

### **Improving Practice Via Research: Successful Strategies For Small Grant Funding**

*Diane J. Mick PhD, RN, CCNS, GNP, FNAP*

Potential sources for small grant funding will be identified, a review of essential components for proposal preparation will be provided, and strategies for obtaining funding for small-scale clinical inquiry and pilot work will be described. (Intermediate)

**Session: 51**

### **Self-Reported Pain Is Significantly Correlated With Scores On The Geriatric Depression Scale In Substantiated Cases Of Elder Self-Neglect**

*Sabrina L. Pickens MSN, APRN-BC*

*Maria Vogel MSN*

A review of the types of elder mistreatment will be discussed as well as the final analysis of the data which includes demographic information and the final correlation between self-reported pain and geriatric depression scale scores with recommendations for therapeutic interventions. (Beginner)

**Session: 270**

### **Youth Violence: Who Is At Risk?**

*Becky S. Cook RN, MSN, CNP*

This presentation will define youth violence as a public health problem, identify risk and protective factors for youth violence, and describe intervention strategies and resources to reduce youth violence. (Intermediate)

**Session: 65**

### **Legal Issues In Radiology For Nurse Practitioners**

*Anh Vu T. Nguyen MD, FAAFP*

This presentation will discuss the importance of radiology in primary care, the legal aspects of ordering, interpreting, and following up on radiology studies, and will present the pitfalls, limitations, and dangers of radiology studies. (Intermediate)

**Session: 30**

### **Teaching Young Adults About STDs: A PEER Approach**

*Susan Apold PhD, ANP*

*Justine Taddeo EdD, RN*

The PEER—PRH program was funded by the March of Dimes and was designed to provide college age women with education on STDs utilizing a peer education model. This presentation will describe this successful educational project. (Advanced)

**Session: 105**

**To receive periodic updates about ACNP, future events and CME opportunities, please join our mailing list at <http://www.acnpconference.com/mail.htm>.**

## 3:45 PM - 4:45 PM

### Billing Shared Visits For Acute Care Nurse Practitioners: An Employee Lease Agreement

*Janet M. Gifford MSN, CNP*

Medicare released new rules for shared visits by physicians and nurse practitioners in an acute care setting. An employee lease agreement will be described that allows for appropriate billing of these visits. (Intermediate)

**Session: 69**

### Recognizing And Treating Peripheral Vascular Disease: Saving Limb, Life And Functionality

*Diana K. Eastridge MS, CNP*

Peripheral vascular disease is a marker for coronary artery disease and increased mortality. Screening, treating, and referring appropriate patients can save lives, limbs and the ability to function independently. (Intermediate)

**Session: 304**

### Diabetes Overview: Multi-Drug Therapies

*Tom G. Bartol NP, CDE*

This session will explore how to use the many pharmacotherapeutic tools we have in order to help patients with diabetes to achieve glycemic goals. (Intermediate)

**Session: 246**

### The Disease Concept Of Alcoholism: Evidence-Based Diagnosis And Management

*Debra K. McCauley MSN, C-FNP*

The nurse practitioner can expect to care for persons with alcohol dependence syndrome, regardless of the type of practice. This session will highlight the medical, psychological and social manifestations of alcoholism to improve diagnostic and management techniques. (Intermediate)

**Session: 117**

### Writing for Publication: I Would Rather Have A Root Canal

*Diane J. Mick PhD, RN, CCNS, GNP, FNP*

Paths to publishing success, the perils and rewards of "writing with a buddy", the satisfaction of writing with a mentor, and the mechanics of the peer review process will be examined. (Intermediate)

**Session: 52**

### Osteoporosis Overview

*Jeanmarie Bechtle MSN, ANP, CCD*

This session will include definitions - osteoporosis vs. osteopenia, pathophysiology, prevalence, primary and secondary causes, fracture incidence, outcomes, and costs. Risk factors, indications and methods for monitoring, as well as appropriate treatment including pharmacologic and non-pharmacology will also be discussed. (Intermediate)

**Session: 59**

### Herbs In Primary Care

*Jill V. Earl MS, CNM*

An introduction to herbal use for practitioners with no previous knowledge. This presentation will explain FDA regulation, pharmacologic considerations, indications for use, dosages, caveats and possible side effects for ten popular herbs. (Beginner)

**Session: 164**

### Seizure Salad: Diagnosis And Treatment Of Uncomplicated Seizures In Pediatric Patients

*Melissa J. Roberts JD, MSN, FNP*

This lecture will cover uncomplicated childhood seizures occurring in children such as febrile seizures, benign focal epilepsy of childhood, complex partial epilepsy and video game related epilepsy. (Intermediate)

**Session: 128**

### Decreasing Liability In The Primary Care Office

*Anh Vu T. Nguyen MD, FAAFP*

This talk will present the common areas of medical liability in the primary care office and common liability pitfalls. It will describe techniques to decrease liability in the office. (Intermediate)

**Session: 22**

### Shaping Policy And Improving Practice: The Issue Of Nicotine Addiction And Tobacco Abuse

*Deborah M. Judd MSN, FNP-C*

Nicotine, a highly addictive substance, produces stimulation or sedation. Physiological and psychological aspects of addiction and habit will be explored. Consequences of use, along with a variety of strategies for cessation and withdrawal are presented. (Intermediate)

**Session: 315**

## SUNDAY, OCTOBER 15

### 7:30 AM - 8:30 AM

#### Diastolic Heart Failure: Algorithm For Management

*Tracy D. Andrews MSN, ACNP*

This session will review diastolic heart failure pathophysiology and pharmacological agents, as well as discussion of an advanced practice nurse generated algorithm in diastolic heart failure management. (Advanced)

**Session: 296**

#### Hepatitis C: Screening, Evaluation And Follow-Up Care, Part I

*Donald Gardenier RN, MS, MPA, FNP*

This session will cover hepatitis C risk factors, screening, evaluation, disease staging, comorbidities and side effect management during treatment and in follow-up care. Emphasis will be placed on collaborative practice, patient education, and outreach strategies. (Part 2 follows in next session) (Intermediate)

**Session: 10**

#### Enhancing Organizational Effectiveness Through Member Needs Assessment

*Cindy A. Parsons DNP, ARNP-BC*

This presentation will discuss the implementation of a membership survey/needs assessment and strategic planning as a process to 1)develop programs based on member needs 2)facilitate cost-effective utilization of resources 3)improve the political advocacy and effectiveness of members. (Intermediate)

**Session: 234**

### Asthma - To Breathe Or Not To Breathe

*Nanette H. Alexander MSN, APRN-BC*

Asthma continues to be a growing health problem impacting our health care system. This session will review diagnosis, pharmacological and non-pharmacological treatment for asthma. (Intermediate)

**Session: 102**

### 8:45 AM - 9:45 AM

#### Hepatitis C: Treating Hepatitis C In Primary Care, Part II

*Donald Gardenier RN, MS, MPA, FNP*

This session will use a case-based format to instruct the primary care nurse practitioner on how to treat hepatitis C. Patient support, monitoring, and issues with HIV co-infection will be included. Multidisciplinary collaboration will be emphasized. (Continued from Part I in previous session) (Intermediate)

**Session: 11**

#### Hypertension In Children: What Is Too High?

*Carolyn S. Montoya BSN, MSN*

Increase your ability to recognize children with elevated blood pressure levels utilizing standardized blood pressure charts for children. Identify those children who need an immediate referral and learn non-pharmacological as well as pharmacological management strategies. (Intermediate)

**Session: 130**

#### What's Up With All the Antibiotics For Pharyngitis And Sinusitis?

*Keith A. McDivitt MSN*

This presentation will assist NPs in making a more accurate diagnosis and treatment plan for pharyngitis and sinusitis, resulting in the judicious use of antibiotics. (Intermediate)

**Session: 15**

#### Understanding HIPAA

*Angela T. Burnette BS, JD*

Angie Burnette, a health care attorney, will discuss the Health Insurance Portability and Accountability Act ("HIPAA"). Learn what HIPAA is, what it requires, and how you can protect yourself and your patients. (Beginner)

**Session: 91**

### 10:00 AM - 11:00 AM

#### The Roadmap To Diabetes Care:

##### ADA 2006 Guidelines

*Helen B. Kennedy MS, FNP, CDE, BC-ADM*

This session will review the American Diabetes Association's 2006 Clinical Guidelines for the Care of the Diabetic Patient. (Beginner)

**Session: 44**

#### Osteoporosis And Integrative Medicine: Advances In Nutrition, Hormones And Pharmacology

*Linda S. Roemer PhD*

Basic knowledge of osteoporosis is required. Skills in ordering and interpreting advanced biologic, genomic, and nutritional markers will be discussed. Lifetime comprehensive management of osteoporosis, as well as integrative strategies will be reviewed. (Advanced)

**Session: 1**

## Objective Assessment Of ADHD In The Primary Care Setting

*Sonya M. Montgomery MSN, CS, FNP*

Learn about a new tool for diagnosing ADHD in children/adolescents/adults that does not rely on subjective symptoms alone. This computerized test reliably screens and measures for specific cognitive impairments prevalent in the ADHD population. (Intermediate)

**Session: 300**

## Nurse Practitioner Practice On America's Last Frontier - Independence, Adventure And Challenge

*Lois Rockcastle RNC, MS, FNP*

Nurse Practitioners in Alaska are privileged to have totally independent practice. On America's last frontier, nurse practitioners are faced with challenges and opportunities, many of which will be covered in this presentation, and how they relate to other rural areas of the country. (Intermediate)

**Session: 313**



## About Orlando

**W**orld-renowned art galleries and museums. Championship golf. Distinctive dining. High-energy nightlife. Hair-raising roller coasters. Sumptuous dining. Inspiring scenery and nature. Major-league shopping. Invigorating spas. Unrivalled theme parks and attractions. Orlando is truly in a class of its own.

Rarely does a destination offer such a myriad of spectacular and diverse choices for every age and interest. Whether it's a white-knuckled thrill ride, exhilarating skydive encounter, soothing massage, exciting round of golf or a mega shopping junket, it's no surprise that Orlando is one of the world's leading vacation destinations.

## About ACNP

The American College of Nurse Practitioners (ACNP) has been on the leading edge of representing all nurse practitioners (NPs) on federal and national policy, professional and practice issues for more than a decade. ACNP's mission is to ensure a solid policy and regulatory foundation that enables nurse practitioners to continue providing accessible, high quality healthcare to the nation. ACNP's unique membership structure consisting of both individual nurse practitioners as well as national and state NP organizations unites the diverse practice specialties of NPs.



**ACNP**  
AMERICAN COLLEGE OF  
NURSE PRACTITIONERS

## ACNP Makes a Difference!

**Join ACNP to be part of making a difference for NPs, patients, and America's healthcare system.**

The American College of Nurse Practitioners (ACNP) has been on the leading edge of representing all nurse practitioners on federal and national policy, professional and practice issues for more than a decade. ACNP's mission is to ensure a solid policy and regulatory foundation that enables nurse practitioners to continue providing accessible, high quality healthcare to the nation.

Membership in ACNP offers an opportunity for NPs and others to unite and make a difference for NPs and NP practice. **A one-year membership is included in the price of full conference registration at the non-member rate!**

You receive valuable benefits as a member of ACNP, including:

- Professional and political representation in Washington, DC
- Complimentary subscription to all ACNP publications, including ACNP's official clinical journal, *The Journal for Nurse Practitioners (JNP)*
- Discount registration to ACNP Conferences
- FREE access to mobileMICROMEDEX, an easy-to-use PDA tool that provides trusted, evidence-based information to handheld devices
- Access to "Members Only" area of the ACNP website at [www.acnpweb.org](http://www.acnpweb.org)
- And much more!

Visit ACNP's website [www.acnpweb.org](http://www.acnpweb.org) for a full list of member benefits and to learn more about our activities or to join today!

# ACNP 2006 NATIONAL CLINICAL CONFERENCE REGISTRATION FORM

October 11-15, 2006 Orlando, FL

Register by 9/8/06 to receive your badge in the mail.

Please use the address at which you would like to receive registration correspondence. Please print clearly as illegible forms will be returned.  
On-line registration available at [www.acnpconference.com](http://www.acnpconference.com)

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Credentials \_\_\_\_\_

Workplace \_\_\_\_\_

Address is for: ☐ Home ☐ Business

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_

Country \_\_\_\_\_ ZIP/Postal Code \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

SS# (To receive CE Credits) \_\_\_\_\_

State License # \_\_\_\_\_ In The State of \_\_\_\_\_

## ATTENDEE DEMOGRAPHIC INFORMATION

### 1. Specialty

- ☐ ANP ☐ PNP ☐ FNP  
☐ WHNP ☐ GNP ☐ RN  
☐ Psych/Mental Health NP ☐ CNM ☐ PA  
☐ ACNP ☐ Other (Specify) \_\_\_\_\_

### 2. Practice Setting (Check all that apply)

- ☐ College Health ☐ Hospital (in-Patient)  
☐ Psych/Mental Health center ☐ Internist  
☐ Community Health Center ☐ Public Health Clinic  
☐ Correctional Facility ☐ MD/NP  
☐ Rural Health clinic ☐ Emergency Room  
☐ Military ☐ School  
☐ Home Health Agency ☐ NP Owned Practice  
☐ State Institution ☐ Homeless Shelter  
☐ Nursing Home ☐ Teen Center  
☐ HMO/PPO ☐ Occupational Health  
☐ Women's Health Center ☐ Hospital (Ambulatory)  
☐ Planned Parenthood ☐ Other (Specify) \_\_\_\_\_

### 3. Do you have prescriptive authority? ☐ Yes ☐ No

### 4. Subspecialty Areas (check all that apply)

- ☐ Acute Care ☐ Diabetes  
☐ Bioethics ☐ Endocrine  
☐ Dermatology ☐ Geriatrics  
☐ Emerging Infectious Diseases ☐ Neurological  
☐ Gastrointestinal ☐ Pain Management  
☐ Hematology ☐ Pharmacology  
☐ Oncology ☐ Mental Health  
☐ Pediatrics ☐ Pulmonary  
☐ Practice Management ☐ Symptom Management  
☐ Reproductive ☐ Women's Health  
☐ Sexually Transmitted Infections ☐ Technology  
☐ Cardiovascular ☐ Adult Health

**ADA Information.** Registrants requiring special needs or assistance, please indicate special need here:

### CHANGE/CANCELLATION POLICY

All changes and cancellations must be submitted in writing by September 8, 2006, to qualify for a refund less a \$50 processing fee. No refunds will be issued after September 8, 2006. Refunds will be processed based on the original form of payment within 60 days after close of the meeting. No-shows will be charged the full registration fee. Refunds or overpayments in the amount of \$50 or less will not be refunded.

## Registration Fees

### Full Registration (FULL)

<input type="checkbox"/> Member	\$420	\$470
<input type="checkbox"/> Non Member**	\$495	\$545
<input type="checkbox"/> Student Member	\$160	\$185
<input type="checkbox"/> Student Non-member**	\$205	\$230

Fee \_\_\_\_\_

### Daily Registration\*

<input type="checkbox"/> Thursday (THU)	<input type="checkbox"/> Friday (FRI)	<input type="checkbox"/> Saturday (SAT)
Member (per day)	\$185	\$210
Non- Member (per day)	\$210	\$225
Student Member (per day)	\$60	\$70
Student Non-Member (per day)	\$75	\$100

(Students status must be validated)

Fee \_\_\_\_\_

☐ Additional Saturday Event Ticket \$50

Fee \_\_\_\_\_

**Workshops** (\$150 workshops require a full or daily registration)

☐ W1 \$225 Fundamental Critical Care Course (Full Registration Required for FCC course)

☐ W2 \$150 ☐ W3 \$150 ☐ W4 \$150 ☐ W5 \$150 ☐ W6 \$150

Workshop Fee \_\_\_\_\_

☐ W7 \$150 ☐ W8 \$150 ☐ W9 \$150

Registration Total \_\_\_\_\_

\*\*Includes 1 year of ACNP membership and subscription to the Journal for Nurse Practitioners.

\*Includes access to all events on that day.

## Session Selection (List session number for each selection).

### Thursday, 10/12/06

1<sup>st</sup> choice \_\_\_\_\_ Alternate \_\_\_\_\_

10:45am - 11:45am \_\_\_\_\_

2:00pm - 3:00pm \_\_\_\_\_

3:15pm - 4:15pm \_\_\_\_\_

4:30pm - 5:30pm \_\_\_\_\_

### Friday, 10/13/06

9:00am - 10:00am \_\_\_\_\_

2:45pm - 3:45pm \_\_\_\_\_

4:00pm - 5:00pm \_\_\_\_\_

5:15pm - 6:15pm \_\_\_\_\_

### Saturday, 10/14/06

10:30am - 11:30am \_\_\_\_\_

1:15pm - 2:15pm \_\_\_\_\_

2:30pm - 3:30pm \_\_\_\_\_

3:45pm - 4:45pm \_\_\_\_\_

### Sunday, 10/15/06

7:30am - 8:30am \_\_\_\_\_

8:45am - 9:45am \_\_\_\_\_

10:00am - 11:00am \_\_\_\_\_

## PAYMENT INFORMATION

☐ Enclosed check or money order for \$ \_\_\_\_\_  
 (Please make payable to the ACNP National Clinical Conference)

### CREDIT CARD PAYMENTS

☐ American Express ☐ MasterCard ☐ VISA

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Cardholder Name (Please print) \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

### SUBMIT INDIVIDUAL REGISTRATION FORM TO:

ACNP Registration Center  
 c/o J. Spargo & Associates, Inc.  
 11208 Waples Mill Road, Suite 112  
 Fairfax, VA 22030  
 Fax: 703-631-1673

### QUESTIONS

Phone: 888-243-7419

Email: [acnpregistration@jspargo.com](mailto:acnpregistration@jspargo.com)



## ROOM RESERVATION REQUEST FORM

American College of Nurse Practitioners  
National Clinical Conference, Oct. 11-15, 2006  
Disney's Coronado Springs • Orlando, FL

The deadline to reserve your room is September 8, 2006

Requests received after this date are subject to hotel availability.

MAIL or FAX completed request forms to:

ACNP Housing Center  
c/o J. Spargo and Associates  
11208 Waples Mill Road  
Suite 112  
Fairfax, VA 22030  
Fax (703) 631-1167  
For additional information please call:  
Tel 888-243-7419

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

Email: \_\_\_\_\_

### HOTEL INFORMATION

Disney's Coronado Springs  
1000 West Buena Vista Drive  
Lake Buena Vista, FL 32830  
\$129 Single/Double

(Additional person 18 years and older, \$15 per person, per night)

Rates do not include 11.5% tax.

Arrival: \_\_\_\_\_

Departure: \_\_\_\_\_

Occupancy: ☐ Single ☐ Double ☐ Other (Triple or Quad, additional charges will apply)

Sharing Room With: \_\_\_\_\_

Room Type requested: ☐ One bed ☐ Two double beds ☐ ADA room (list special needs) ☐ Smoking

### HOTEL GUARANTEE

The hotel requires a guarantee of the first night's room and tax. **You must supply a credit card number to guarantee your hotel room. FORMS SUBMITTED WITHOUT CREDIT CARD NUMBERS WILL BE RETURNED.**

If you need to cancel your reservation, you must do so at least 5 days prior to your scheduled arrival date or your credit card will be charged a fee equal to the first night's room fee plus taxes.

☐ American Express ☐ Visa ☐ Master Card ☐ Diners Club ☐ Discover

Credit Card # \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Card Holders Name: \_\_\_\_\_

Signature: \_\_\_\_\_

All changes must be submitted in writing to the ACNP Housing Center and are subject to hotel availability. After Sept. 28, 2006 please contact your hotel directly to request changes or cancellations.